

Patient History Questionnaire- Adult

Please fill out the questionnaire carefully and return it to the office 1 week prior to your appointment. The time spent answering the questions will allow the doctor to better plan the flow of the examination procedures.

Thank you for your time and effort in completing this questionnaire. Leave blank or put "N/A" beside questions that do not apply.

PRESENT SITUATION AND SYMPTOMS

What are the concerns that prompted this vision skills evaluation?

How long have these concerns been observed? _____
What goal(s) do you hope to accomplish from the vision skills evaluation?

VISUAL HISTORY

Last Vision evaluation (year) _____ Doctor: _____ City: _____

Were glasses, contact lenses, or other optical devices prescribed or recommended?

___yes___no. If so, what _____ Do you use them? ___yes___no.

How long have you used them? _____

If used, when? _____ If not, why not?

Explain any history of eye surgeries, eye/head injuries, vision therapy or other treatments in the past

If you experience any of the following, please write the number that best describes how often they occur:

1-always 2- a lot 3- sometimes

- | | |
|---|---|
| <input type="checkbox"/> skips, inserts or re-reads words | <input type="checkbox"/> difficulty copying from board |
| <input type="checkbox"/> loses place while reading | <input type="checkbox"/> confuses similar words |
| <input type="checkbox"/> omits small words when reading | <input type="checkbox"/> fails to recognize same word on next page |
| <input type="checkbox"/> mistakes words with similar beginnings and endings | <input type="checkbox"/> difficulty following verbal instructions |
| <input type="checkbox"/> uses finger as a marker | <input type="checkbox"/> says words aloud or moves lips as reads |
| <input type="checkbox"/> moves head when reading | <input type="checkbox"/> short attention span/loses interest |
| <input type="checkbox"/> head close to page when reading | <input type="checkbox"/> poor printing or handwriting |
|
 | <input type="checkbox"/> responds better verbally than by writing |
| <input type="checkbox"/> reads slowly | <input type="checkbox"/> writes neatly but slowly |
|
 | <input type="checkbox"/> reverses letters, words or numbers |
| <input type="checkbox"/> reduced efficiency /productivity | <input type="checkbox"/> confuses left and right |
| <input type="checkbox"/> headaches during/after reading | <input type="checkbox"/> tends to knock things over on desk or table |
| <input type="checkbox"/> blurred distance vision | <input type="checkbox"/> poor recall of visually presented tasks |
| <input type="checkbox"/> blurred reading vision | <input type="checkbox"/> school performance not up to potential |
| <input type="checkbox"/> eyes hurt | <input type="checkbox"/> nausea associated with visual tasks |
| <input type="checkbox"/> eyes tire | <input type="checkbox"/> motion sickness/car sickness |
| <input type="checkbox"/> poor reading comprehension | <input type="checkbox"/> easily frustrated |
| <input type="checkbox"/> comprehension decreases with time | <input type="checkbox"/> light sensitivity |
| <input type="checkbox"/> frequent blinking during reading | <input type="checkbox"/> variable school performance |
| <input type="checkbox"/> frowns, scowls or squints to see | <input type="checkbox"/> difficulty aligning number columns |
| <input type="checkbox"/> avoids/ dislikes near tasks ie. reading | <input type="checkbox"/> seems to know material, but does poorly on tests |
| <input type="checkbox"/> fatigues easily during visual tasks | <input type="checkbox"/> bumps into people/objects |
| <input type="checkbox"/> rubs eyes during/after visual activity | <input type="checkbox"/> forgetful, poor memory |
| <input type="checkbox"/> inaccurate/ inconsistent visual attention | <input type="checkbox"/> behaviour problems |
| <input type="checkbox"/> vision worse at end of day | <input type="checkbox"/> poor ability to organize work |
| <input type="checkbox"/> falls asleep when reading | <input type="checkbox"/> needs very bright light when reading |
| <input type="checkbox"/> double vision | <input type="checkbox"/> needs very dim light when reading |
| <input type="checkbox"/> words move around the page | |
| <input type="checkbox"/> tilts head during desk work | |
| <input type="checkbox"/> closes or covers one eye | |
| <input type="checkbox"/> one eye turns in, out, up or down | |

Any other symptom/concerns not mentioned on the previous checklist?

COMPUTERS

Do you use computers in your work, school, or leisure time activities? ___yes___no If so, indicate the types of computer work you perform:

- ___ Word processing
- ___ Programming
- ___ Data Entry
- ___ Internet
- ___ Games
- ___ Other (explain): _____

How many hours do you spend in front of a computer screen a day? _____
How do your eyes feel after working at the computer? _____

Where is the top of the screen located?

- ___ Above your straight- ahead eye level
- ___ At eye level
- ___ Below eye level

What is the distance from: Your eyes to the screen? _____

HOBBIES/SPORTS

Describe the activities that comprise the majority of your leisure time: _____

Do you watch TV? ___yes___no If yes, how many hours per week? _____

Are you involved with athletics? ___yes___no

List the sports in which you participate: _____

Are there any activities/sports you would like to participate in but don't? If so, please explain _____

EMPLOYMENT OR SCHOOL

Current Position: _____ or Major course of study: _____

How many hours a day do you spend sitting at a desk? _____

How many hours a day do you spend reading or studying? _____

How many hours a day do you spend working at near distances? _____

Do you feel you are achieving your potential in work or school? _____yes_____no

Do you feel you are getting adequate return for the amount of effort you put into a task?
_____yes_____no

Describe briefly your daily activities at work in school: _____

MEDICAL HISTORY

Current State of Health: _____

Medications: _____ Allergies: _____

Have you ever had a concussion? _____yes_____no. If yes, give details _____

Have you ever had whiplash ? _____yes _____no. If yes, give details _____

Is there any history of the following? Please check the appropriate box(es):

	Patient	Family	Who		Patient	Family	Who
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	Strabismus/crossed eye	<input type="checkbox"/>	<input type="checkbox"/>	_____
Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>	_____	Amblyopia/lazy eye	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blindness	<input type="checkbox"/>	<input type="checkbox"/>	_____	Thyroid Condition	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	_____	Cataracts	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	_____	Brain Tumor	<input type="checkbox"/>	<input type="checkbox"/>	_____

THANK YOU FOR CAREFULLY COMPLETING THIS QUESTIONNAIRE.

The information supplied will allow for more efficient use of time and will enable us to perform a more comprehensive evaluation related to your specific visual needs.

If you have questions or concerns before your appointment, please give us a call.

We request a minimum 48 hours notice if you are unable to keep this appointment.

Please be on time for your examination, so that we will have the maximum opportunity to evaluate your visual status.

We look forward to meeting you.

Sincerely,

Cynthia Matyas, OD, MSc, FCOVD