

# VISION REHABILITATION QUESTIONNAIRE

Please fill out this questionnaire carefully. Please return it to our office 1 week prior to your appointment. **THANK YOU.**

Appointment: Day \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_  
Patient's Name: \_\_\_\_\_

## GENERAL INFORMATION

Patient Name: \_\_\_\_\_ Male  Female   
Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
How did you hear of our office? \_\_\_\_\_

## MEDICAL HISTORY

Date of injury/accident: \_\_\_\_\_  
Type of injury/accident: Motor vehicle  Fall  Blow to head   
Other: \_\_\_\_\_

WHAT PART OF YOUR HEAD WAS AFFECTED? (check all that apply):

Forehead  Right side  Left side  Back of head  Top of head  Face

Was the injury OPEN HEAD (bleeding) or CLOSED HEAD (non-bleeding)? \_\_\_\_\_

Did you lose consciousness? Yes  No  If yes, for how long? \_\_\_\_\_

Were you in a coma? Yes  No  If yes, how long? \_\_\_\_\_

SYMPTOMS IMMEDIATELY FOLLOWING ACCIDENT/INJURY: (check all that apply)

Double vision  Headache  Blurred vision  Pain in or around eyes  Dizziness

Vomiting  Flashes of light  Disorientation  Loss of balance  Neck pain/whiplash

Loss of memory  Restricted field of view  Restricted motion

Other: \_\_\_\_\_

## INITIAL TREATMENT

When did you first see a doctor regarding your accident/injury? \_\_\_\_\_

Name of Doctor: \_\_\_\_\_ Specialty: \_\_\_\_\_

Where were you seen? \_\_\_\_\_ Were you hospitalized? Yes  No  How long? \_\_\_\_\_

What were you and your family told? \_\_\_\_\_

What did the initial treatments consist of? \_\_\_\_\_

What prognosis/recommendations were you given? \_\_\_\_\_

Were you given medications? Yes  No  Medication: \_\_\_\_\_

For what condition(s)? \_\_\_\_\_

List any medications, including vitamins and supplements used at the current time: \_\_\_\_\_

Do you have a history of allergies? Yes  No  If yes, please explain: \_\_\_\_\_

**SUBSEQUENT/OTHER PROFESSIONAL CARE**

WHAT TYPES OF PROFESSIONAL CARE HAVE YOU RECEIVED OR ARE YOU CURRENTLY RECEIVING? (check all that apply and describe):

Physicians Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Neurologist Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Neuropsychologist Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Physiotherapist Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Osteopathic Physicians Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Eye Care Practitioner: Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Other / Name: \_\_\_\_\_ Date: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

**MEDICAL HISTORY**

Is there any history of the following? (please check if there is a history)

	<u>Patient</u>	<u>Family</u>	<u>Who</u>		<u>Patient</u>	<u>Family</u>	<u>Who</u>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____	Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	Cataracts	<input type="checkbox"/>	<input type="checkbox"/>	_____
Thyroid condition	<input type="checkbox"/>	<input type="checkbox"/>	_____	Blindness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>	_____	Strabismus	<input type="checkbox"/>	<input type="checkbox"/>	_____
Brain Tumor	<input type="checkbox"/>	<input type="checkbox"/>	_____	Amblyopia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	_____	Traumatic brain injury	<input type="checkbox"/>	<input type="checkbox"/>	_____

**VISUAL HISTORY**

Have you had a previous vision evaluation? Yes  No

If yes, doctor's name: \_\_\_\_\_

Date of last evaluation: \_\_\_\_\_

Reason for examination: \_\_\_\_\_

Check off what you use: Glasses  Contact Lenses

If yes, when do you wear the glasses or contacts? Full time? Part-time? For Reading? For Distance Viewing? All the time? \_\_\_\_\_

Were any additional tests, treatments, or therapies recommended concerning your vision?

Yes  No

If yes, what? \_\_\_\_\_

Did you undergo these treatments? Yes  No  Explain: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

**DO YOU CURRENTLY EXPERIENCE ANY OF THE FOLLOWING:**

	<u>Yes</u>	<u>No</u>	<u>Prior to Injury?</u>
Difficulty moving or turning eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain with movement of eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eyes twitch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain in or around eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eye redness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Burning eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watery eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Itchy eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Double vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squinting, covering or closing one eye	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Objects jump in and out of field of view	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reduced depth perception	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tunnel vision / Loss of visual field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flashes of light	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confusion / disorientation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Get lost often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bothered by noises	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bothered by touch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty remembering things heard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty remembering things seen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty remembering name of objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty remembering people's names	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty recalling information known in the past	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty remembering formerly familiar people / objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Circle a number below:

Please rate each behaviour,  
how often does each behaviour occur

	Never	Seldom	Occasionally	Frequently	Always
Clarity of vision changes or fluctuates during the day	0	1	2	3	4
Eye discomfort / sore eyes / eyestrain	0	1	2	3	4
Headaches or dizziness after using eyes	0	1	2	3	4
Eye fatigue / very tired after using eyes all day	0	1	2	3	4
Feel "pulling" around the eyes	0	1	2	3	4
Print moves in and out of focus when reading	0	1	2	3	4
Normal indoor lighting is bothersome or annoying	0	1	2	3	4
Clumsiness / misjudge where objects really are	0	1	2	3	4
Lack of confidence walking / missing steps / stumbling	0	1	2	3	4
Side vision distorted / objects move or change position	0	1	2	3	4
What looks straight ahead -- isn't always straight ahead	0	1	2	3	4
Avoid crowds / can't tolerate "visually-busy" places	0	1	2	3	4
Short attention span / easily distracted when reading	0	1	2	3	4
Difficulty / slowness with reading	0	1	2	3	4
Difficulty / slowness with writing	0	1	2	3	4
Confusion of words / skip words during reading	0	1	2	3	4
Lose place / have to use finger so don't lose place reading	0	1	2	3	4
Short Attention span/ easily distracted when reading	0	1	2	3	4

Why do you feel the need for a vision evaluation today? \_\_\_\_\_

\_\_\_\_\_

**LIFESTYLE**

Do you feel your vision interferes with activities of daily living? Yes  No

If yes, please explain (please include effects involving home, work, hobbies social and personal relationships): \_\_\_\_\_  
\_\_\_\_\_

What activities comprise the majority of your daily life since your accident/injury? \_\_\_\_\_  
\_\_\_\_\_

What activities can you no longer engage in due to your visual or other difficulties? \_\_\_\_\_  
\_\_\_\_\_

What other changes/limitations in your daily life do you attribute to your accident/injury? \_\_\_\_\_  
\_\_\_\_\_

What do you hope a Visual Rehabilitation Program can do for you? What are your goals? \_\_\_\_\_  
\_\_\_\_\_

THANK YOU FOR CAREFULLY COMPLETING THIS QUESTIONNAIRE

The information supplied will allow for more efficient use of time and will enable us to perform a more comprehensive evaluation related to your specific visual needs.

If you have questions or concerns before your appointment, please give us a call.

We request a minimum 24 hours notice if you are unable to keep this appointment.

Please be on time for your examination, so that we will have the maximum opportunity to evaluate your visual status.

We look forward to meeting you.

Sincerely,

**Cynthia Matyas, OD, MSc., FCOVD**

***The Eye Clinic***

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